



***“Support, Heal, Thrive”***

2026

## Organization Profile

**Fulfilled lives, Supportive environment.**

Developed by

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## Introduction

Ticia Counseling Centre Projects (TCCP) is an independent, non-governmental, non-profit organization established in 2017, started its services as Ticia Counseling Centre and registered as a sole proprietor on 22<sup>nd</sup> June 2020 registration number **MBRS 1062401**, on 22<sup>nd</sup> June 2022 we upgraded, registered as a limited company to address gaps in community mental health counselling identified through the CPD in Counselling and Psychotherapy program. Officially registered in January 2026 under the Trustees Incorporation Rules, **CONGOMA**, the Medical Council of Malawi, **NGORA** and Malawi Revenue Authority, TCCP headquarters is in Lilongwe and operates nationwide.

TCCP provides psychosocial support, counselling, and empowerment services to vulnerable and marginalized groups, including youth, women, disaster survivors, and GBV survivors. Its work spans mental health, HIV/AIDS counselling, safeguarding, child protection, suicide prevention, and community resilience.

## Mission & Vision

- **Mission:** To contribute to a stronger communities by creatively providing psychosocial support, early intervention, treatment, and resilience with integrity.
- **Vision:** To be the preferred, trusted, and accessible community counselling project promoting wellness among children, adults, and families, while innovatively transforming justice-involved services.

## Core Values

- Team Work and Diversity
- Integrity and Innovation
- Social justice and equality
- impact maximization
- Ethical professional practice
- Counseling to transform

## Objectives

- Provide accessible, professional counselling services that promote mental well-being, personal growth, and social stability.
- Deliver emotional and psychological support for stress, trauma, depression, and anxiety.
- Promote mental health awareness and reduce stigma around counselling.
- Collaborate with schools, organizations, and communities to strengthen relationships and conflict resolution.
- Provide crisis intervention and psychosocial support to disaster survivors.
- Deliver HIV/AIDS awareness, counselling, and support services.

## **Our Mandate**

TCCP is mandated to deliver quality psychosocial support, mental health services, and capacity-building interventions that enhance the wellbeing and resilience of vulnerable populations while strengthening community and institutional systems in Malawi.

## **Scope of Work & Modalities**

TCCP focuses on youth, women, education, health, environment, and economic development. It promotes professionalism, creativity, and community enhancement through:

- Collaboration with government ministries, councils, and NGOs.
- Stakeholder engagement and approval processes before program implementation.
- Continuous monitoring, evaluation, and reporting to ensure accountability.

## **Core areas**

Counseling services

Managing Projects

Capacity building

Consultancies

## **Geographical Coverage**

TCCP is based in Lilongwe, the organization has approval to operate in all **28 districts of Malawi**, working across the Northern, Central, and Southern regions. It partners with District Health Offices, hospitals, Ministry of education and international networks to deliver psychosocial support, HIV/AIDS services, and youth development programs.

## **Major Working Areas**

- Suicide prevention
- Mental health and psychosocial support
- Mental health and HIV counseling and awareness
- Disaster survivors' psychological first aid
- Gender-based violence support
- Child protection and safeguarding
- Youth and women empowerment
- Family and marriage counselling
- Workplace mental health and corporate counselling contracts
- School wellness programs
- Training teachers, social workers, community policing in psychological first aid
- Capacity building in mental health counseling, safeguarding, PSEA, GBV survivor psychosocial support
- Access to SRHR information and services
- Psychological first aid

## Key Achievements

- **Disaster Response:** Implemented **Mental Health Psychosocial** support projects for survivors of Cyclones Ana and Fred across multiple districts, including Blantyre, Chikwawa, Nsanje, Mulanje, and Zomba and Mary mount RTA. (Mzuzu)
- **Back to School Campaigns:** Supported displaced students in Naotcha Primary and Kapeni Demonstration Schools, addressing stigma and reintegration challenges.
- **School Health Programs:** Delivered awareness sessions on mental health, relationships, academic performance, and substance abuse.
- **Inmates psychosocial support** at Chichiri 5 days, and monthly at Bvumbwe, Mulanje, Mwanza, Makande, Chikwawa, Nsanje, Zomba central, Mikuyu 1, Mikuyu2 and Domasi prison
- We have a database of psychosocial and mental health facilitators who respond to emergency/crisis situations
- We have trained close to 1000 participants in mental health counseling face to face and online from all regions in Malawi

## STRATEGIC DIRECTION

Apart from health model, Ticia Counseling Centre Projects embraces social model of offering counseling and psychotherapy services.

## Working Partners

- Ministry of Health (Mental Health & HIV/AIDS Departments)
- Ministry of Gender and Social Development
- Ministry of Education (Inclusive Education)
- Zomba Central Hospital
- Partners in Hope
- Malawi Association of Counsellors
- HEARD Project (USAID, University Research Co., LLC)

## Funding Strategy

TCCP sustains its work through: Long term and short term projects

- Grants from donors and foundations
- Fee-for-service counselling
- Training and workshops
- Individual donations and community support
- Annual fundraising events
- Corporate and faith-based partnerships

**Strategic Principles:** Diversify income streams, use counselling income to support free services, document impact to attract donors, and build long-term relationships.

## LIST OF COMMITTEES

- a) Partnership committee
- b) Procurement committee
- c) Committee on research, publication ethics
- d) Quality Assurance committee
- e) Finance committee

## Team

TCCP is led by a diverse team of **9 board members and 12 executive members, 53 volunteers** including professionals in counselling, public health, psychologists, social sciences, and management. The Executive Director, Ms. Patricia Singini, and Board Chair, Prof. Golden Msilimba, provide strategic leadership, supported by experts in program design, monitoring & evaluation, and youth development.



*Ticia is delivering a mental health awareness session at Sapitwa International Schools*